

Nutritional Information

Crawfish Pies

| Serving Size | Amount Per Serving | | 1 Pie |
|---------------------------|--------------------|--------------------------|-------|
| Calories | 250 | Calories From Fat | 110 |
| Total Fat | 12g | % Daily Value | 13% |
| Saturated Fat | 2.5g | % Daily Value | 13% |
| Trans Fat | 3g | % Daily Value | 0% |
| Cholesterol | 40mg | % Daily Value | 13% |
| Sodium | 400mg | % Daily Value | 17% |
| Total Carbohydrate | 31g | % Daily Value | 10% |
| Dietary Fiber | 4g | % Daily Value | 16% |
| Sugars | 1g | % Daily Value | |
| Vitamin C | 0% | | |
| Vitamin A | 15% | | |
| Calcium | 4% | | |
| Iron | 15% | | |